

Southampton County Public Schools

Middle School Lunch

March

Southampton Middle Lunch Menu

Menu is Subject to Change do to Availability

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mar - 2</p> <p>PHILLY CHEESE SUB WARM CHEESE SANDWICH BLT YOGURT W/WOW BUTTER & GOLD FISH CRACKERS ENTREE SALAD Tomato Soup ROMAINE SALAD W/TOMAT CARROT STICKS W/LF DIP ASSORTED CAN AND FRES FRUIT 1% WHITE MILK MILK</p>	<p>Mar - 3</p> <p>Pork BBQ Pizza Korean BBQ Sauce DILLY CHICKEN SANDWICH CHICKEN SALAD WRAP YOGURT W/WOW BUTTER & GOLD FISH CRACKERS BBQ Chicken Salad CHERRY TOMATO W/LF DIP OVEN BAKED FRENCH FRIE BUSH'S VEGETARIAN BAKE BEANS BROCCOLI W/CHEESE ASSORTED CAN AND FRES FRUIT 1% WHITE MILK MILK</p>	<p>Mar - 4</p> <p>RIB BQ SANDWICH CHEESEBURGER ON A BUN HAM AND CHEESE WRAP W/BACON TACO SALAD YOGURT W/WOW BUTTER & GOLD FISH CRACKERS BAKED POTATO TURNIP GREENS FRUIT,FRESH ASSORTED 1% WHITE MILK MILK</p>	<p>Mar - 5</p> <p>Poodle Noodles w/ Suess Sauce TEMPURA CHICKEN NUGGE WITH WG ROLL CHICKEN CAESAR SALAD COMBO SUB YOGURT W/WOW BUTTER & GOLD FISH CRACKERS CUCUMBER OR CELERY W/LOW FAT DIP ROMAINE SALAD W/TOMAT FRUIT,FRESH ASSORTED MILK 1% WHITE MILK</p>	<p>Mar - 6</p> <p>FISH SANDWICH CORN DOG ANYTIMERS: TURKEY HAM AND CHEESE TACO SALAD YOGURT W/WOW BUTTER & GOLD FISH CRACKERS BUSH'S BAKED BEANS COLE SLAW SWEET POTATO FRIES FRUIT,FRESH ASSORTED MILK 1% WHITE MILK</p>
<p>Mar - 9</p> <p>SOFT BEEF TACO SPANISH RICE W/EITHER CHEESEBURGER ON A BUN TACO SALAD CHICKEN WRAP YOGURT W/WOW BUTTER & GOLD FISH CRACKERS BLACK BEAN SALSA Taco Topping CORN FRUIT,FRESH ASSORTED MILK 1% WHITE MILK</p>	<p>Mar - 10</p> <p>Hearty Beef Veggie Soup WITH WG ROLL CHEESEBURGER ON A BUN CHICKEN WRAP BBQ Chicken Salad ROMAINE SALAD W/TOMAT OVEN BAKED FRENCH FRIE ASSORTED CAN AND FRES FRUIT 1% WHITE MILK MILK</p>	<p>Mar - 11</p> <p>CHICKEN TETRAZZINI WITH WG ROLL CHICKEN SANDWICH CHICKEN WRAP TACO SALAD YOGURT W/WOW BUTTER & GOLD FISH CRACKERS STEAMED BROCCOLI GLAZED CARROTS FRUIT,FRESH ASSORTED MILK 1% WHITE MILK</p>	<p>Mar - 12</p> <p>CHICKEN POT PIE CORNBREAD W/EITER HOT DOG CHICKEN NUGGET SALAD VARIETY OF SANDWICH ME WRAPS YOGURT W/WOW BUTTER & GOLD FISH CRACKERS BEETS CHERRY TOMATO W/LF DIP SQUASH,SUMMER FRUIT,FRESH ASSORTED 1% WHITE MILK MILK</p>	<p>Mar - 13</p> <p>Chicken Tortilla Soup W/CORNBREAD CHEESE TOAST YOGURT W/WOW BUTTER & GOLD FISH CRACKERS CHICKEN WRAP SOUTHWEST CHICKEN ENT SALAD CARROT STICKS W/LF DIP BAKED POTATO ROMAINE & SPINACH SALAD W/TOMATO ASSORTED CAN AND FRES FRUIT 1% WHITE MILK MILK</p>

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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March

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 16 OVEN BAKED CHICKEN WITH WG ROLL HOT DOG ON A BUN CHICKEN CEASAR WRAP TACO SALAD YOGURT W/WOW BUTTER & GOLD FISH CRACKERS SWEET POTATO, BAKED CORN ON THE COB ASSORTED CAN AND FRES FRUIT 1% WHITE MILK MILK	Mar - 17 BBQ Chicken CORN DOG BISCUIT CABBAGE Potatoes, Boiled HAM, TURKEY, BACON AND CHEESE WRAP CHICKEN CAESAR SALAD YOGURT W/WOW BUTTER & GOLD FISH CRACKERS FRUIT,FRESH ASSORTED 1% WHITE MILK MILK	Mar - 18 SHRIMP POPPERS & MAC N CHEESE WITH WG ROLL CHICKEN SANDWICH YOGURT W/WOW BUTTER & GOLD FISH CRACKERS CHICKEN CEASAR WRAP CHICKEN SALAD SALAD W/TOMATO W/ONION RINGS FRESH CAULIFLOWER W/LF DIP FRUIT,FRESH ASSORTED 1% WHITE MILK MILK	Mar - 19 Goose Moose Burger TEMPURA CHICKEN NUGGE WITH WG ROLL YOGURT W/WOW BUTTER & GOLD FISH CRACKERS TACO SALAD CUBAN SLIDERS COLE SLAW BUSH'S VEGETARIAN BAKE BEANS FRUIT,FRESH ASSORTED 1% WHITE MILK MILK	Mar - 20 SALISBURY STEAK WITH WG ROLL HOT DOG ENTREE SALAD YOGURT W/WOW BUTTER & GOLD FISH CRACKERS HAM, TURKEY, BACON AND CHEESE WRAP MASH POTATOES GREEN PEAS CARROT STICKS W/LF DIP BAKED APPLES 1% WHITE MILK MILK
Mar - 23 CHICKEN PARMESAN W/SPA WG ROLL W/EITHER HOT DOG CHICKEN WRAP YOGURT W/WOW BUTTER & GOLD FISH CRACKERS TACO SALAD ROMAINE & SPINACH SALAD W/TOMATO CUCUMBER W/LF DIP FRUIT,FRESH ASSORTED 1% WHITE MILK MILK	Mar - 24 TURKEY BACON SLIDERS CHEESEBURGER ON A BUN CHICKEN SALAD WRAP BBQ Chicken Salad YOGURT W/WOW BUTTER & GOLD FISH CRACKERS ROMAINE & SPINACH SALAD W/TOMATO OVEN BAKED FRENCH FRIE CELERY STICKS W/LF DIP FRUIT,FRESH ASSORTED 1% WHITE MILK MILK	Mar - 25 LOADED NACHOS CORN DOG YOGURT W/WOW BUTTER & GOLD FISH CRACKERS BBQ Chicken Salad CHICKEN WRAP CARROT STICKS W/LF DIP CORN ON THE COB FRUIT,FRESH ASSORTED MILK 1% WHITE MILK	Mar - 26 OVEN FRIED CHICKEN DRUMSTICK MAC N CHEESE CHEESEBURGER ON A BUN TACO SALAD CHICKEN SALAD WRAP YOGURT W/WOW BUTTER & GOLD FISH CRACKERS COLLARDS BLACK-EYED PEAS FRUIT,FRESH ASSORTED MILK 1% WHITE MILK	Mar - 27 TANGERINE CHICKEN W/FRIED RICE CHEESEBURGER ON A BUN TACO SALAD CHICKEN SALAD WRAP STEAMED BROCCOLI GLAZED CARROTS BLACK BEAN SALSA YOGURT W/WOW BUTTER & GOLD FISH CRACKERS FRUIT,FRESH ASSORTED MILK 1% WHITE MILK

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Southampton County Public Schools

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March

Southampton Middle Lunch Menu

Feb 28, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 30 DILLY CHICKEN SANDWICH WARM CHEESE SANDWICH BLT YOGURT W/WOW BUTTER & GOLD FISH CRACKERS ENTREE SALAD Tomato Soup ROMAINE SALAD W/TOMAT CARROT STICKS W/LF DIP ASSORTED CAN AND FRES FRUIT 1% WHITE MILK MILK	Mar - 31 BREADED FRITTER WITH WG ROLL CORN DOG HAM SANDWICH CHICKEN SALAD YOGURT W/WOW BUTTER & GOLD FISH CRACKERS ONION RINGS W/EITHER BUSH'S VEGETARIAN BAKE BEANS FRUIT,FRESH ASSORTED 1% WHITE MILK MILK			

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